

# Psychs on Bikes

## Chair Report AGM 30/11/2024



*Psychs on Bikes Needs YOU !*

The right place to begin is with heartfelt thanks to all of the members of the committee for generously providing their time and energy to keep the wheels of POB ticking along throughout 2024. With Hayley Rynderman, our office manager, being the glue that has held us all together, we have arrived at the end of another year with a commitment to furthering the vision and ambitions of Psychs on Bikes into 2025. I would like to thank outgoing committee members, Susan Jury and Mike Spitzer for their outstanding contributions to the organisation. We are a small but enthusiastic group of volunteers and like all such groups, have ebbs and flows in our energy levels and ability to contribute. We are heading into 2025 with a couple of vacancies on the committee and would strongly encourage those who have some spare thinking space to jump on board to bring some fresh ideas and energy. The time commitment isn't onerous as we meet monthly via zoom for an hour. Please get in touch if you would like to explore the idea or simply pop up your hand.

Challenges we face moving forward:

1. Offering a calendar of events that meets the aspirations of POB and the needs of our members in terms of frequency, scope and purpose.
2. Growing our membership base; we need more members in order to share the load and increase our reach.
3. Engaging a diverse range of sponsors required to support our ongoing activities and decrease the financial impost on our wonderful volunteers.
4. Support and guide the efforts of our State Coordinators.

Those of you who have been around long enough will recognise that many of these challenges are not new but reflect the ongoing business of a small, voluntary organisation with its primary resource being the time and energy of its members. No matter how small your contribution might be, it all combines to keep POB going and continuing its vision of having an impact on the physical and mental health of Australians living rural and remote communities. It also has a positive impact on the well being of a fantastic group of professionals who share a love of throwing a leg over our motorbikes and exploring this amazing country of ours.

Thank you to everyone of you who has assisted throughout the year and I look forward to welcoming any and all contributions you generously provide in 2025 in the course of having some mighty fine adventures together.

Darren Eger  
Chair  
POB Committee